

Colorado Helping Hands Mission Trip

Emergency Numbers:

Lynda E - 346-1955

Mary Ann - 220-4463

Johnny Dan - 683-1996

Lynda's parents - 719-767-5417

Lynda's brother (Mike) 719-767-5167



Leaving - Friday, July 25th, 6 am

St. A's parking lot

Arriving Home - Sunday, July 27th, 10pm

What to pack:

- ___ No electronics including cell phones (you will love the freedom)
 - ___ Sleeping Bag/Pillow/Air Mattress (we will be sleeping in military tents)
 - ___ Work Clothes (Anything you can get paint on)
 - ___ Work Gloves if you have them
 - ___ Hat
 - ___ Reg. Clothes for Church
 - ___ Personal Hygiene Items
 - ___ Flashlight
 - ___ Bible
 - ___ Medication
 - ___ Suntan Lotion & Mosquito Spray
 - ___ Towel/Washcloth
 - ___ Swimsuit
 - ___ Journal
 - ___ Rosary
 - ___ Great Attitude ___ Snacks
- you find something you need